



Name _____

Multiple Choice

Read the question carefully and choose the correct option.

Which is a healthy fruit?

- A) Candy
- B) Apple
- C) Chips
- D) Cake

Which drink is best for hydration?

- A) Soda
- B) Water
- C) Cola
- D) Energy drink

Which food is a vegetable?

- A) Banana
- B) Apple
- C) Carrot
- D) Orange

Which food is a good source of protein?

- A) Egg
- B) Candy
- C) Lollipop
- D) Soda





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Answer key

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